AMENDMENTS

In the claims:

- (currently amended) A method for inhibiting conception comprising:
 administering D-Mannose to a female mammal in an amount effective to inhibit
 interaction between a sperm and an egg zygote of said female.
- 2. (currently amended) The method of Claim 1 wherein D-mannose is administered in an amount between about 1 gram and about 10 grams per day.
- 3. (original) The method of Claim 1 wherein D-Mannose is in the form of a capsule or tablet.
- 4. (original) The method of Claim 1 wherein D-Mannose is in the form of a loose powder and is mixed with a food or drink.
- 5. (original) The method of Claim 1 further comprising a supplementary D-mannose douche within one day prior to or one day after sexual intercourse.

- 6. (currently amended) The method of Claim 1 further comprising use of a least one contraceptive from the group consisting of a condom, diaphragm, hormonal pill, contraceptive jelly, intervaginal cream, and douche the D-mannose and the contraceptive being more efficient at preventing conception than either the D-mannose or the contraceptive used separately.
- 7. (currently amended) The method of Claim 1 wherein D-Mannose in an amount effective to inhibit interaction between a sperm and an egg for use as a contraceptive when administered to a woman.
- 8. (currently amended) The method of Claim 1 wherein Capsules containing D-mannose is administered in capsules in an amount effective to inhibit interaction between a sperm and an egg for use as a contraceptive when administered to a woman.
- 9. (currently amended) A method of inhibiting conception comprising administering D-Mannose to a female mammal in an amount effective to inhibit interaction between a sperm and [[a]] an egg of said female mammal wherein the step of administering said D-Mannose is comprises vaginally delivered delivering said D-Mannose to said female.
- 10. (currently amended) The method of Claim 9 further comprising use—of using at least one contraceptive selected from the group consisting of a condom, diaphragm, hormonal pill, contraceptive jelly, intravaginal cream, and douche, the D-Mannose and the contraceptive being

more efficient at preventing conception than either the D-Mannose or the contraceptive used alone.

- 11. (currently amended) The method of Claim 1 where the mammal is a female is a wild or domestic animal.
- 12. (currently amended) A method for inhibiting conception comprising:

administering D-Mannose to a female mammal in an amount effective to inhibit interaction between a sperm and an egg of said female mammal wherein said D-Mannose is administered in the form of a capsule or tablet, said D-Mannose is administered within one day prior to or one day after sexual intercourse and wherein the administration is by means of the female mammal ingesting about three capsules, each capsule containing about 420 milligrams of D-Mannose about every two hours beginning about a day before said intercourse, ingestion being reduced to two or three of such capsules about one hour before intercourse and about the same dosage about one hour thereafter.